

**Healthy Start Scheme (Previously paper vouchers. Now an online application for a prepaid card)**

**Eligibility**

- On benefits & pregnant / On benefits & have a child under 4 years old:

You can use your card to buy:

- plain liquid cow's milk
- fresh, frozen, and tinned fruit and vegetables
- fresh, dried, and tinned pulses
- infant formula milk based on cow's milk

You can also use your card to collect:

Healthy Start vitamins – these support you during pregnancy and breastfeeding

Vitamin drops for babies and young children – these are suitable from birth to 4 years old

[How to apply – Get help to buy food and milk \(Healthy Start\)](#)

**Advice / Guidance – Cost of Living**

Crompton Place Library, Bolton – Every Wednesday 10am – 2pm

**Bolton Local Welfare Provision**

[Local Welfare Provision Online \(egovhub.net\)](#)

**Urban Outreach**

[Urban Outreach Bolton – Food and Cold Weather Provision](#)

## Warm Spaces – Bolton

### **BL1**

- ❖ Octagon Theatre, Bolton, BL1 1SB. Open Monday to Sunday 10:30 am – 6pm.
- ❖ Crompton Place Library, Bolton, BL1 1DF. Open Monday – Friday 9am – 5:30pm, Saturday 9am – 5pm and Sunday 10:30am – 4:30pm.
- ❖ Bolton Methodist Mission, BL1 2AS. Open Monday – Friday 9am – 5pm, Saturday 10am – 12pm then Sunday 9:30am – 7:30pm.
- ❖ Salvation Army, Bolton Citadel, BL1 2BZ. Please check opening times.
- ❖ Brownlow Fold Church, Bolton, BL1 3UR. Open Wednesday 10am – 12pm, Friday 6 – 9pm and Saturday 11am – 1pm.
- ❖ All Souls, Bolton, BL1 8EY. Open Monday to Friday 9am – 5pm.
- ❖ The Grace Centre, Bolton, BL1 4NE. Open Tuesday to Friday 9am – 5pm and Saturday 10:30am – 12:30pm.
- ❖ St. Pauls Church, Bolton, BL1 8PA. Open Tuesday 11am – 2pm and Saturday 10am – 2:30pm.
- ❖ St. Peter's Halliwell, Bolton, BL1 5RR. Open Monday to Friday 9:30am – 3pm.
- ❖ Café Oasis, Well Centre, BL1 6RN. Open Monday to Sunday 8:30am – 4:30pm and 6:30 – 10pm on Friday and Saturday.
- ❖ Hub At The Hope, Bolton, BL1 5TE. Wednesday's Only.

### **BL2**

- ❖ The Haulgh Hub, Bolton, BL2 1JP. Please check opening times.
- ❖ Withins UCAN Centre, Bolton, BL2 5JG. Open Monday to Thursday 9:30am – 12pm and 12:30 – 3pm Monday, Tuesday and Thursday.
- ❖ Saint Chad's Church, Bolton, BL2 6AW. Open Wednesday and Friday 10:30am – 1:30pm.
- ❖ Tonge Moor UCAN Centre, BL2 2LE. Open Monday and Thursday 09:30am – 12:30pm then 1:30 – 4pm.
- ❖ Brightmet Library, Bolton, BL2 6NT. Open Monday, Wednesday, Friday and Saturday 10am – 1pm, then Tuesday 10am – 7pm and Thursday 10am – 5pm.
- ❖ Harwood Library, Bolton, BL2 3HN. Open Monday, Thursday and Saturday 10am – 5pm, then Tuesday 10am – 7pm.

### **BL3**

- ❖ High Street Library, Bolton, BL3 6SZ. Open Monday, Thursday and Saturday 10am – 5pm, then Tuesday 1pm – 7pm.
- ❖ Deane UCAN Centre, Bolton, BL3 5PD. Open Monday and Tuesday 9:30am – 3pm, then Wednesday 09:30am – 12:30pm.
- ❖ First Church of the Nazarene, Bolton, BL3 3PU. Please check opening times.
- ❖ Deane & Derby Cricket Club, Bolton, BL3 3BA. Open Wednesday 1 – 3pm but **women only**.
- ❖ Salvation Army South, Bolton, BL3 3QE. Open Monday 1 – 3pm, and Thursday 11am – 2pm.

- ❖ Little Lever Library, BL3 1LP. Open Monday and Thursday to Saturday 10am – 5pm, then Tuesday 10am – 7pm.

#### **BL4**

- ❖ Farnworth Baptist Church, Bolton, BL4 7PQ. Open Tuesday, Wednesday 10am – 2pm and Thursday, Friday 10am – 4pm.
- ❖ Farnworth Library, Bolton, BL4 7PG. Open Monday and Thursday to Saturday 10am – 5pm, then Tuesday 10am – 7pm.
- ❖ AGE UK, Bolton, BL4 7AG. Open Monday to Friday 10am – 4pm.
- ❖ New Bury UCAN Centre, Bolton, BL4 9PU. Open Monday, Tuesday 9:30am – 12:30pm then 1 – 3pm and Thursday 9:30am – 1pm.
- ❖ Believe, Achieve CIC, Bolton, BL4 8HF. Open Monday 10am – 9pm, Tuesday to Saturday 10am – 5pm then Sunday 11am – 2pm.
- ❖ Kearsley Mount Methodist, Bolton, BL4 8QL. Please check opening times.
- ❖ Supported Steps, Bolton, BL4 9HP. Open Monday to Friday 9am – 5pm.

#### **BL5**

- ❖ St. Vincent's Catholic Community, Bolton, BL5 1ER. Open Tuesday to Friday 9 – 10am, then Saturday 6 – 7pm.
- ❖ Westhoughton Library, BL5 3AT. Monday & Thursday to Saturday 10am-5pm, then Tuesday 10am-7pm.

#### **BL6**

- ❖ Rivington Parish Church, Horwich, BL6 7SE. Each Wednesday 11am - 2 pm.
- ❖ St Katherine's Church, Blackrod, BL6 5EN. Each Tuesday 10.30am -12.30pm.
- ❖ Horwich Library, BL6 7AJ. Monday & Thursday to Saturday 10am-5pm then Tuesday 10am-7pm,
- ❖ Horwich Community Centre, BL6 7BG. Each Wednesday 9.30am-3.30pm.
- ❖ Brazley Community Centre, Horwich, BL6 6HT. Monday 9am-4pm and Wednesday 9am-12.30pm.
- ❖ Lostock Parish Centre, Horwich, BL6 4EL. Please check opening times.

#### **BL7**

- ❖ Bromley Cross Library, Bolton, BL7 9JU. Open Monday 1 – 5pm, Tuesday 2 – 7pm, Thursday 10am – 5pm then Saturday 10am – 1pm.

#### **OTHERS**

- ❖ The Brew Crew, Walkden, M28 3ZH. Every Saturday 10:30am – 12:30pm.

## Food Banks

- ❖ Emmaus – Lucie’s Pantry (Community Shop, pay £2.50 and redeem approx. £15 worth of food) at Derby Barracks, Fletcher Street, Bolton, BL3 6NF.
- ❖ Bolton Community Grocery (Pay £5 annual membership, fill basket 3 times a week) at The Mill, Bolton, BL2 6QE.
- ❖ Crescent Food Bank **Halal** – self referral required: [Get Help | Crescent Food Bank](#)
- ❖ Farnworth and Kearsley Food Bank, The Well, Farnworth, BL4 7PQ.