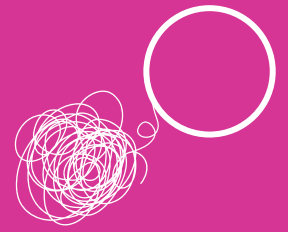


DESPITE THE CHALLENGES OF  
ADVERSE CHILDHOOD EXPERIENCES (ACES)...

WITH EDUCATION  
AND AWARENESS,  
WE CAN CREATE  
A BRIGHTER  
FUTURE.



Improving  
Trauma  
Awareness



## ACEs

Sometimes life can be tough, traumatic events in your childhood can lead to experiencing physical, behavioural and mental health problems, even in adulthood. However, with the right support you can live a happy, healthy fulfilling life.

Free Foundational Adverse Childhood Experiences & Trauma Awareness Training now available to all staff and volunteers working in Bolton.



For more information and a brighter future ...  
Scan the code or visit  
<https://tinyurl.com/4k3xw9tb>

**Bolton  
Council**