# SPRING/SUMMER MENU 2024

# Week 1

#### MONDAY

Home-made large slice margherita pizza (v) served with fresh seasonal salad or vegetables

Vegetable ravioli (v) served with crusty bread and golden sweetcorn or fresh seasonal salad

Tuna filled jacket potato served with fresh seasonal salad and vegetable selection

Fresh bread Sweetcorn and unlimited seasonal salad and vegetable selection

Fresh seasonal fruit platter

Fruit cordial, fresh juice or water

#### TUESDAY

Baked chicken (h) sausages with gravy served with mashed potatoes and garden peas

**Quorn sausages with** gravy (v) served with mashed potatoes and garden peas

Cheese wrap (v)served with vegetable sticks and fresh seasonal salad and vegetable selection

Fresh bread Garden peas and unlimited seasonal salad and vegetable selection

Home-made oat cookie and orange wedge or fruit yogurt or fresh seasonal fruit

Fruit cordial, fresh juice or water

#### WEDNESDAY

Traditional roast chicken in gravy (h) Chicken fillet in gravy served with crispy roast potatoes and carrots

Quorn fillet in gravy(v) served with crispy roast potatoes and carrots

Wholemeal egg thin (v) served with vegetable sticks and fresh seasonal salad and vegetables

Fresh bread Carrots and unlimited salad selection

Homemade iced sponge or fruit vogurt or fresh seasonal fruit

Water

## THURSDAY

Beef curry with rice(h) Beef curry with rice Or Beef bolognaise (h) Beef bolognaise

Cheese flan (v) served with oven baked rosti and baked beans or fresh seasonal salad

Tuna wrap and vegetable sticks served with fresh seasonal salad

Fresh bread mixed vegetables and unlimited salad and vegetable selection

Ice cream roll, fruit yoghurt or fresh fruit

Fruit cordial, juice or water

## FRIDAY

**MSC Golden fish fingers** served with chips, ketchup and baked beans

Baked fishless fingers(v) served with chips, ketchup and baked beans

> Wholemeal cheese sandwich (v)

with vegetable sticks served with fresh seasonal salad and vegetable selection

Fresh bread baked beans and unlimited salad and vegetable selection

Creamy chocolate mousse or strawberry mousse

Water

Eat seasonal foods











DATES: 22/04/24.13/05/24.10/06/24. 01/07/24, 02/09/24, 23/09/24. 14/10/24

KEY: O Plant Based Option





