

Scabies Single Case – Action summary



IPC Measures

1. Consider isolation of symptomatic resident and / or exclusion of symptomatic staff until 24 hrs post first treatment.
2. Body map all residents within home or unit only (if separate) Report any new skin changes e.g. unexplained rashes to GP for review and CIPCT - [Body Map - Scabies.pdf](#)
3. Identify close contacts (up to 8 weeks prior to diagnosis) including visitors, staff, including visiting staff (hairdressers, DNs, other professionals as well as agency staff) and provide 'Warn and inform' letter
4. Visiting can continue as normal – provided visitors are aware of risk and PPE is available (gloves & aprons)
5. Staff to wear PPE (gloves & aprons) when providing personal care to symptomatic resident. Consider single patient use long sleeve gowns or sleeve protectors.

Treatment

1. 1st choice treatment is permethrin (Lyclear) for both symptomatic and asymptomatic contacts staff & residents - Two tubes of permethrin is recommended per application to provide adequate coverage.
2. Two separate treatments are required for both symptomatic and asymptomatic contacts staff & residents – 7 days apart
3. Treatment application for symptomatic cases and contacts should be co-ordinated to take place within the same 24 hr period.

Laundry & Environment

1. All clothes, soft slippers, towels and bed linen of the affected case should be washed at a minimum of 50°C (122°F) on the day of application of the first treatment
2. If clothes cannot be washed at high temperature, they can be sealed in plastic bags for 4 days at room temperature, after which mites are unlikely to survive.
3. Alternative methods include pressing clothes with a warm iron, dry cleaning and putting items into a hot cycle in the dryer for 10 to 30 minutes.
4. Appropriate PPE worn when handling any of these items.

Ongoing monitoring

1. 6 weeks - CIPCT will contact the home for an update to ascertain if symptoms are resolving. Should symptoms remain, a GP review may be required – investigate other possible causes.

2. 12 weeks - CIPCT will contact the home for final assessment of staff and residents.

NB - should any of the symptomatic cases develop significantly worsening symptoms and / or any new cases present, the care home should seek further medical advice and inform CIPCT.

For Further detailed guidance – please see link below:

[UKHSA guidance on the management of scabies cases and outbreaks in long-term care facilities and other closed settings - GOV.UK](#)

Thank you for your co-operation.

Bolton Community Infection Prevention and Control Team

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