

Did you know?

We also do Sports Camps for ages 5 - 14 years including Multi Sports, Tennis and Gymnastics.

If you have younger child you'd like to sign up please contact us for more information on 01204 488100 or email sport@boltonarena.com.

These camps are Holiday, Activities & Food Programmes. If you have a unique code to use, simply quote upon booking.



Arena Approach,
Horwich, Bolton BL6 6LB

Charity No. 1087039
Company No. 4165498

 [Facebook.com/BoltonArena](https://www.facebook.com/BoltonArena)

 [@BoltonArena](https://twitter.com/BoltonArena)

 [@BoltonArena](https://www.instagram.com/BoltonArena)

£22.00
Per Day



Football & Gym Activities

FREE for all
12-16yrs

Qualifying for Holiday
Activity Funding -
unique code required.



**Bolton
Council**

Bolton Together



Building an active healthy community

Football

Kick-About Sessions

These informal sessions are for individuals who would like to play a casual game. They will take place in our caged 5-A-side pitches and organised by a member of staff.

Ages: For children 12 - 16 years
Venue: Bolton Arena Sports Village, Horwich, BL6 6LB
Dates: Various dates in August - see table below

Requirements:

- **BOOKING IS ESSENTIAL**
- At least 2 players required (HAF qualified)
- 1 hr pitch hire available on the hour



FREE activity

Kick-About Sessions - August 2023					
Tuesday 1st	Friday 4th	Tuesday 8th	Friday 11th	Tuesday 15th	Friday 18th
2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm
3pm - 4pm	3pm - 4pm	3pm - 4pm	3pm - 4pm	3pm - 4pm	3pm - 4pm
4pm - 5pm	4pm - 5pm	4pm - 5pm	4pm - 5pm	4pm - 5pm	4pm - 5pm

5-A-side Tournament

Played within our four caged 5-A-side pitches, the tournament is for teams of 5 or 6 with individuals placed into teams on the day. The tournament is a round-robin format with prizes for the winning team.

Ages: For children 12 - 16 years
Venue: Bolton Arena Sports Village, Horwich, BL6 6LB
Date: Friday 25th August 2023

Time: 2pm - 5pm

Requirements:

- **BOOKING IS ESSENTIAL**
- At least 2 players required (HAF qualified)



Book your place today!

To book, please call **01204 488100** or email football@boltonarena.com

Gym

Throughout the summer holidays 14-16 years olds can access our state-of-the-art gym including a free weights zone, cardio and resistance machines. Personalised programmes will be offered to all and we also have over 30 virtual classes available from group cycle to core sessions.

Ages: For children 14 - 16 years
Venue: Bolton Arena Sports Village, Horwich, BL6 6LB
Dates: Monday 24th July - Sunday 3rd September 2023

Requirements:

- **BOOKING IS ESSENTIAL**
- Induction must be booked before using the gym



FREE activity

Gym Use & Virtual Classes	
Monday - Friday 10am - 5pm	Saturday & Sunday 8am - 6pm

Facilities on offer



Free Weights Zone



Cardio & Resistance Machines



Personalised Programme



Running Track



Virtual Fitness Classes



Sauna & Steam Room



Book your place today!

To book, please call **01204 488100** or email memberships@boltonarena.com for more information.