

Short Term Breaks

**Useful Information for Carers and
Those Being Cared for**

April 2024

What is a Short Term Break?



If you or the person you are caring for are finding it hard to manage because of a long term illness, age or disability, you may be entitled to a short term break.

To use short term breaks, the person being cared for has to have eligible needs, and a carers assessment must be completed.



If You Want to Know More

Contact your social worker/care manager. If you do not have one, please contact your local Adult Social Care Services office. (see the **Useful Telephone Numbers** section further below)

There Are Different Ways to Have a Short Term Break



In a residential or nursing home.



With local approved families in their home.



Staying at home with support from carers during the day and night time.

or



You may choose to take the money and buy a service, or employ independent staff to support you directly – we call this a **Direct Payment**.

You Will be Charged for These Services



Costs



A full financial assessment will be completed unless you have more than £23,250 in savings, in which case you will need to pay the full cost of your placement



Department for Works and Pensions (DWP)

Before you receive this service, please tell the Department for Works and Pensions (DWP) of this change in your financial circumstances. They can be contacted on the numbers below:



The Pensions Service: 0800 731 7898
Job Centre Plus: 0800 169 0190



It may be that you could claim Employment Support Allowance (ESA), Universal Credit (UC) or Pension Credit (PC),



or

if your stay in respite and/or hospital is likely to be more than 4 weeks, this may affect your benefits.



It is very important that you contact them before you have your short term break.

What Do I Need to Do Next?



If you have more than £23,250 in savings you can make your own arrangements if you choose.

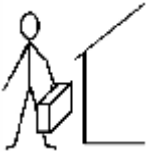
If you are not making your own arrangements



You will be asked to complete a Financial Assessment form to determine how much you will have to pay towards your Short-Term Break

This form will enable us to provide you with an accurate charge for the care you are or will be receiving

How Will I Pay My Charges?



After your short term break stay, we will send you or the person who supports you with your money, a bill for each stay.



The bill will have full details of the dates of your stay and will also tell you about different ways you can pay your bill.

What if My Stay is Extended?



If your stay is extended for longer than 6 weeks in total, we will need to complete a financial assessment.



If this happens, we will contact you or the person who helps you with your money, to arrange this.

Useful Telephone Numbers

Pension Credit

For claims telephone: 0800 99 1234

Get in touch with Adult Services:

North District

General Enquiries: 01204 337240
Duty: 01204 331149
Email: adultsnorthdistrict@bolton.gov.uk

West District

General Enquiries: 01204 337680
Duty: 01204 333410
Email: adultswestdistrict@bolton.gov.uk

South District

General Enquiries: 01204 337717
Duty: 01204 338863
Email: adultssouthdistrict@bolton.gov.uk

Community Learning Disability Team

Duty: 01204 337768
Email: cldt@bolton.gov.uk

Best Choices Team

Bestchoices@bolton.gov.uk
Contact number 01204 337523