



Department
of Health



Getting the right care and support for you



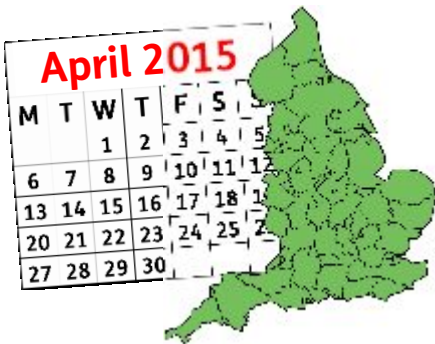
EasyRead version

care
and
support
& you

Getting the right care and support for you



Care and support is changing and is getting better.



The changes will happen from April 2015 all over England.



They are part of the new Care Act.



These changes will help make sure everyone gets the care and support they need wherever they live.





Care and support means help with things like:

- washing



- dressing



- eating



- getting out and about



- keeping in touch with friends or family.





These changes could help you if you:

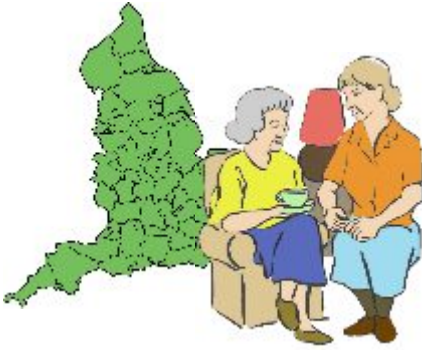
- get care and support at home



- live in a care home.



Care and support wherever you live



Wherever you live your council must think about the same list of needs when they decide what help they can give you.



This will make it easier for you to make plans now and for the future.



And if you move to a different part of the country you will still get the care and support you need.



More control over decisions



The changes mean you will:

- help to decide the care and support you get



- be able to make sure you get the care and support you need



- know how much your care costs



- know how much the council pays towards your care and how the money is spent.



Support for all your needs



Everyone's needs are different. They may be:

- physical
- mental
- emotional.



A local charity or support network might be able to give the support you need.





Your council will put you in touch with organisations to keep you well and help you live independently.



To find out more about care and support in England and how the changes might help you, please contact your local council.







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