



HELLO!

We are still here for you..

This is a message to help children, young people and families living in Bolton, on behalf of a range of services. Our buildings may not be open and we are working differently at the moment due to Coronavirus but we are still here for you. Details of some of the services working together for you are included below.

We understand this might be a stressful time for many of our children, young people, parents, carers and families. If you or someone you know needs some extra support, please get in touch.

Safeguarding Children

At this time, it is more important than ever to protect our most vulnerable children. If you are worried that a child may be being abused or neglected then please take action.

In an emergency call 999 or you can contact Bolton's Multi-Agency Screening and Safeguarding Service (MASSS) on **01204 331500** between 8.45am and 5pm.

You can also discuss your concerns with the NSPPC:

- Freephone 0808 800 5000
- Email help@nspcc.org.uk
- Text 88858

If you are a child and need to talk to someone you can contact **Childline on Freephone 08001111** or visit [Childline](https://www.childline.gov.uk).

Support for SEND families

Bolton Parent Carers and Bolton Information Advisory Service (IAS) are working together for Bolton's SEND families. If you have a child or young person, aged 0-25, who has special educational needs and/or disabilities, we have a range of ways to provide advice, support and guidance during these challenging times. Whether you have questions about school, EHC Plans, social care, or just want to reach out to someone who understands, we are there for you. Visit www.boltonparents.org.uk or www.iasbolton.com to find out more.

Useful contacts

Maternity and Postnatal Care Service: 01204 487497

0-19 Universal Public Health Nursing (Health Visiting, School Nursing): 01204 462325

ChatHealth text service for parent/carers: 07507 331751

ChatHealth text service for children/young people: 07507 331753

Adolescent Health Service (The Parallel): 01204 462444

Child and Adolescent Mental Health Service (CAMHS): 01204 483222

Be Kind to My Mind website: www.bekindtomymind.co.uk