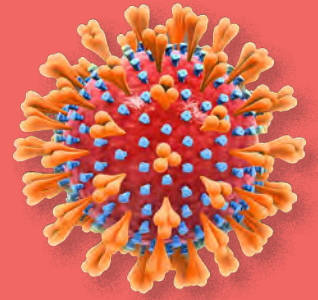


# Coronavirus

## What if you get ill?



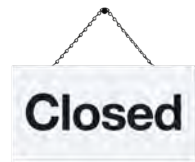
If the NHS think you have coronavirus, they may tell you to

- \* Stay at home
- \* Avoid people
- \* Plan for 2 weeks

## Self Isolation



Ask someone to do your shopping



Tell people not to come in your house or room



Keep toilets, bathrooms and towels clean



Wash your hands a lot



If you are worried  
**DO NOT** go to your GP  
Stay home and phone  
**NHS 111**