



A NATIONALLY RECOGNISED PROGRAMME THAT EMBRACES ALL CHILDREN AND ADULTS WITH DISABILITIES AND DIFFERING NEEDS.

BY USING SPECIALLY ADAPTED CYCLES,
THE ACTIVITIES ARE BOTH PHYSICALLY
AND MENTALLY STIMULATING AND ABOVE
ALL, FUN FOR EVERYONE INVOLVED.



SESSIONS – ADAPTED CYCLE SESSIONS FROM 4YRS AND UP

- ✎ SIBLINGS, PARENTS AND CARERS ARE WELCOME TO JOIN IN – BIKES AND HELMETS SUPPLIED
- ✎ SUITABLE CLOTHING IS ADVISED
- ✎ ACCESSIBLE PARKING
- ✎ ALL SESSIONS ARE DROP IN BUT IT IS ADVISED THAT LARGE GROUPS PRE-BOOK
- ✎ THE SESSIONS ARE DEPENDENT ON WEATHER AND COULD BE CANCELLED IF NEEDED. PLEASE CALL TO CHECK

LEVERHULME PARK TRACK
LONG LANE,
BOLTON, BL2 6EB

PRICE: £3.00 PER SESSION

WEDS – 5PM TILL 7PM
(MARCH TO OCTOBER ONLY)

THURS – 10AM TILL 12PM

TEL – 01204 33 2323

SPORTANDACTIVELIVING@BOLTON.GOV.UK

USN BOLTON ARENA
ARENA APPROACH, HORWICH,
BOLTON, BL6 6LB

PRICE: £2.00 PER SESSION

TUESDAY – 11AM TILL 12PM

THURSDAY – 6PM TILL 7PM

TEL – 01204 488131

JENNIESWARBRICK@BOLTONARENA.COM