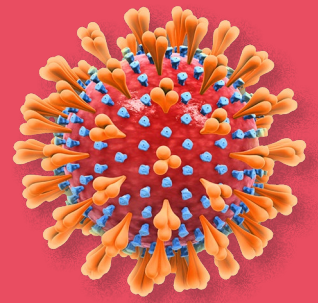


# Coronavirus

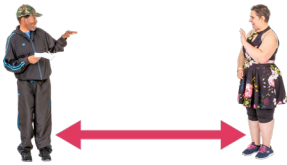
Please don't spread it



## Social distancing

Most places have now closed. Everyone must stay at home. Only leave the house for

- \* Food shopping
- \* Medicine
- \* Emergencies



Stay 2 metres apart from other people



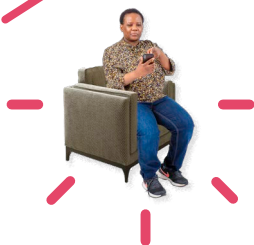
Keep away from crowded places



Keep away from anyone sick



Do not use bus, train or taxis



Get home as soon as you can



If you are ill  
**Stay at home for 7 days**  
If you feel worse  
**Phone NHS 111**  
or visit [111.nhs.uk](https://111.nhs.uk)